

BUILDING A POSITIVE DIGITAL FAMILY CULTURE TOGETHER *Each a Part, Not Apart*

While children across the board are equally exposed to cyber risks as long as they are given online access, having a **strong and positive family digital culture** could help **mitigate the impact** of those risks. This **interaction-focused** module brings together families to begin certain needed conversations in this area with a light-hearted touch, and seeks to motivate families to carry them on beyond the session.

Through this workshop, we hope that **parent participants** will be able to:

1. Picture how involving their children in building up a positive digital family culture can look like
2. Gain a better understanding of their children's mobile habits and their underlying motivations
3. Learn how to connect with their children more effectively in this digital age

We hope that **child participants** will be able to:

1. Appreciate the need of communicating with their parents on their online activities
2. Understand the value of self-monitoring, self-regulation and self-control
3. Understand the importance of their roles as digital natives in helping to shape a positive digital family culture at home

Parent-child module

If There's a Report Card for a Cyber Well Family, How Would You Want Yours to Fare?

“ It brings together families with children at different stages of exposure to the current digital culture and to consider how best to approach it as a family. It also offers an opportunity to discuss the points raised as a family. ”

“ It is an eye opener and a good reflection of what we as parents know and assumed to know. ”

“ I was not expecting support from the kids. But by the first half hour, we had the whole family engaged in the session, spouse included! ”

Available in both Online* and Face-to-face Seminar formats



* We use **Zoom Meetings** as our online seminar platform and encourage “face-to-face” interactions with our participants by default

For enquiry, please e-mail to parenting@touch.org.sg