

PAM



Physical Education. Art.  
Music.

# Primary 1 Parents Briefing 2024



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# The PAM Team

## **GENERAL matters**

Mr Mohamed Fazrin | HOD PE/CCA & Aesthetics | mohamed\_fazrin\_mazlan@moe.edu.sg

## **PE matters**

Mr Syah Fidzuan | SH PE/CCA | syah\_fidzuan\_abdul\_rahim@moe.edu.sg

## **ART matters**

Mr Joseph Ng | SH Aesthetics | joseph\_ng\_swhee\_seng@moe.edu.sg

## **MUSIC matters**

Ms Abelin Cheong | Music coordinator | cheong\_guifang\_abelin@moe.edu.sg



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# The PAM Team

## P1 PE Teachers

Ms Caroline Chan | [caroline\\_chan\\_kum\\_mei@moe.edu.sg](mailto:caroline_chan_kum_mei@moe.edu.sg)

Mr Mohamed Fazrin | [mohamed\\_fazrin\\_mazlan@moe.edu.sg](mailto:mohamed_fazrin_mazlan@moe.edu.sg)

Mr Jonathan Alvar | [jonathan\\_alphonsus\\_alvar@moe.edu.sg](mailto:jonathan_alphonsus_alvar@moe.edu.sg)

## P1 Art Teachers

Mr Anthony Tan | [anthony\\_noel\\_tan@moe.edu.sg](mailto:anthony_noel_tan@moe.edu.sg)

Ms Azzah Fariha | [azzah\\_fariha@moe.edu.sg](mailto:azzah_fariha@moe.edu.sg)

## P1 Music Teachers

Ms Abelin Cheong | [cheong\\_guifang\\_abelin@moe.edu.sg](mailto:cheong_guifang_abelin@moe.edu.sg)

Mr Anthony Monteiro Edward | [monteiro\\_anthony\\_edward@moe.edu.sg](mailto:monteiro_anthony_edward@moe.edu.sg)



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# S.E.R.V.E

## Sports Experiences Reinforcing Values Education Learning for Life Programme @ SJI Junior

CHARACTER THROUGH SPORTS

### POKÉTHON

*A Proactive Recess*

SPORTS EXCELLENCE of living active and

Pokéthon was introduced.

In order to complete Ash's Hero Journey achievement cards, boys walk, run or jog around the oval track to clock up their steps count during their recess.

BROAD BASED DEVELOPMENT





# PE: What is covered in P1?



Learning Area	Content Area	Focus
<b>Physical Activity</b>	<ul style="list-style-type: none"><li>• Games and Sports</li><li>• Dance</li><li>• Gymnastics</li></ul>	<ul style="list-style-type: none"><li>• Movement Skills and Concepts</li><li>• Safety Practices</li></ul>
<b>Outdoor Education</b>		<ul style="list-style-type: none"><li>• Outdoor Living</li><li>• Sense of Place</li><li>• Risk Assessment and Management</li></ul>
<b>Physical Health and Safety</b>		<ul style="list-style-type: none"><li>• Physical Fitness</li><li>• Safety and Risk Management</li><li>• Nutrition</li><li>• Personal Hygiene and Self-Care</li></ul>



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# PE: What is covered in P1?

## School Sports Events in 2024

### Swimming Carnival

- Individual Registration (optional)
- For competitive swimmers only
- 1-day after school event (tentative date: 16 Feb)



### P2 Sports Carnival

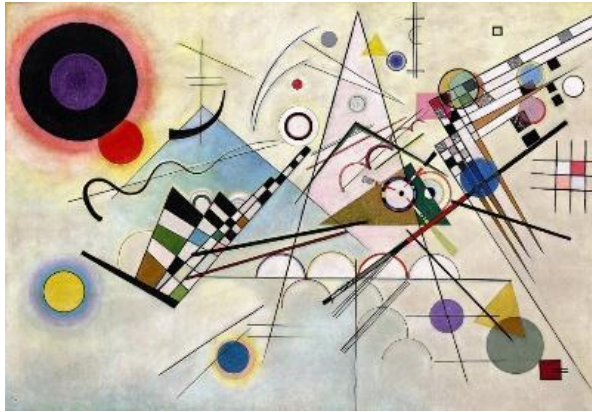
- Parent & Son involvement
- During curriculum hours (tentative date: 16 Aug)



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# ART: What is covered in P1?



*Title:* Composition VIII  
*Year:* 1923  
*Artist:* Wassily Kandinsky

From Lines to Shapes with Colours

Painting, Colouring, Collage



*Title:* The Bird  
*Year:* 1990  
*Artist:* Fernando Botero

All Creatures Great & Small

Sculpture, Drawing, Colouring,  
Moulding



*Title:* Vertumnus  
*Year:* 1590  
*Artist:* Giuseppe Arcimboldo

Look & Feel Healthy!

Drawing, Colouring,  
Portrait using cut  
assemblage



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# MUSIC: What is covered in P1?

Listen and Respond to Music	<ul style="list-style-type: none"><li>● Appreciate music from Singapore and Global cultures</li></ul>
Create Music	<ul style="list-style-type: none"><li>● Play percussion instruments using the correct techniques.</li><li>● Create a respond to a call and response</li><li>● Create a rhythmic ostinato</li></ul>
Perform Music	<ul style="list-style-type: none"><li>● Singing performance</li><li>● Create and perform soundscape using graphic notation</li><li>● Perform an ostinato</li></ul>



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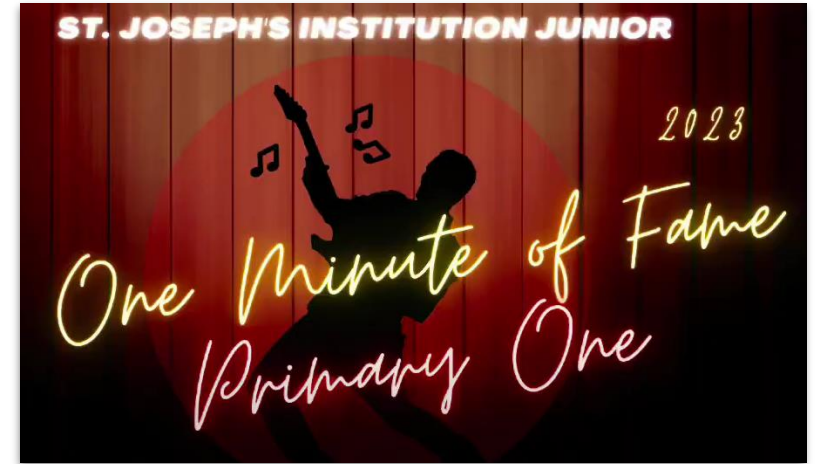




# MUSIC: What is covered in P1?

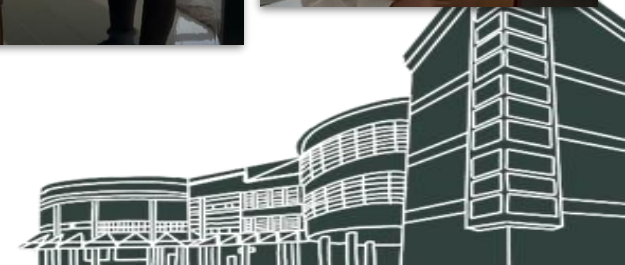
## School Music Events in 2024

- ❖ One Minute of Fame
  - Submission of videos around March
- ❖ Music Carnival
  - During curriculum hours



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# CCA: Co-Curricular Activities

There is **NO CCA** in Primary One

CCA is **NOT** compulsory in Primary School

## After School Enrichment Programmes

- Football
- Badminton
- Rugby
- Swimming
- Chess



<https://go.gov.sg/sjjenrichmentinterestform>



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# National School Games (NSG)

SJI Junior participates in the annual inter-school National School Games (NSG) for several sports which are offered as CCAs in our school

The school also welcomes interested and competent students to represent the school in NSG sports competition not offered as a CCA by the school.

- Students who are interested in representing the school in such activities must be competent in that activity and must have valid endorsement of standard by a recognized Sporting Association or Club.
- The school will make the final decision whether to endorse the student's representation and participation in the NSG. We may also call for trials and additional qualification documents where necessary.
- An online interest form will be sent out to all parents by end of Week 1.



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